



The Cancer Institute of Dallas

DALLAS ONCOLOGY CONSULTANTS

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www.cancerinstituteofdallas.com

Hello and Thank You for contacting the Cancer Institute of Dallas –

While we focus our main efforts on cancer, The Cancer Institute's services include a variety of treatments: hematology, medical oncology (comprising chemotherapy and biotherapy), radiation oncology, diagnostic imaging, laboratory services and participation in national clinical trials of new therapies.

Here is more information about Hematology, Blood Disorders, and Cancer:

About Hematology

Hematology is the study of the blood, blood-producing tissues, and diseases of the blood. Hematology blood disorders may include anemia, disorders of red blood cells, white blood cells and platelets, bleeding conditions or problems with excessive blood clotting, and cancers such as leukemia, lymphoma or myeloma.

A physician trained in hematology, also known as a hematologist, generally focuses on diagnosing and managing hematologic diseases. The hematologist may specialize further or have special interest, for example in diagnosing and treating:

- Bleeding disorders such as hemophilia and idiopathic thrombocytopenic purpura (ITP)
- Hematological malignancies such as lymphoma and leukemia
- Hemoglobinopathies – the genetic (inherited) disorders of hemoglobin, the oxygen-carrying protein of the red blood cells
- Coagulation disorders – abnormal clotting

About Cancer

Cancer is not a single disease – it is a large, complex family of disease that can affect virtually every part of the body. Physicians diagnose more than 1.3 million cases of cancer every year – with half of those cases occurring in the lung, prostate, breast, colon and rectum. Cancer is second only to heart disease as the leading cause of death in the U.S. and, although it can strike at any age, cancer is more common in people 50 or older.

Cancer begins in the body's cells, which constantly divide and multiply to replace old, damaged cells. Sometimes, cells begin to divide unnecessarily, forming excess tissue known as a tumor. In many cases, these tumors are not cancerous – they are benign. While benign tumors may cause health problems depending on their size and location, they are generally not life-threatening. If, however, abnormal cells begin to divide, they may form a malignant, or cancerous, tumor.

Most malignant tumors grow rapidly, invading nearby organs and tissues -- a process referred to as metastasis. Cancerous cells can also travel through the bloodstream to other regions of the body.

Choosing the Right care

Receiving a hematology, blood disorder or cancer diagnosis can be confusing and upsetting. You have to make important decisions at a time when you may feel overwhelmed.

More than half of the patients with cancer today will be cured but getting the proper treatment early is critical. In most cases, decisions do not need to be made within a day or two of finding out you have cancer, and taking time to determine the best course of treatment will not affect the outcome of your disease.

Your first step should be to find the right cancer specialist and treatment facility – and we are more than happy to consult with you and answer your questions at the Cancer Institute of Dallas.

Our Medical Team

The Cancer Institute of Dallas' licensed medical staff is board-certified in the broad range of oncology and hematology practice areas. Today, the Institute and Dallas Oncology Consultants employ seven full-time physicians dedicated to the care of hematologic and oncologic diseases both within the Institute and at three satellite offices.

Our physicians are also active in the teaching of internal medicine and family practice residents at the Methodist Hospitals of Dallas. In addition, medical students and pharmacy interns from different area programs routinely elected to participate in the Institute's educational activities. Moreover, our physicians comprise the area's leaders in clinical research, affording patients the opportunity to participate in a broad variety of clinical studies; the practice has surpassed the registration rates of many of the country's medical schools in various studies.

- **Edward L. Middleman, M.D.**

Dr. Middleman is the founder of Dallas Oncology Consultants. He is a graduate of the University of Pittsburgh and the University of Pittsburgh Medical School. He completed his internal medicine training at the Montefiore Hospital and the Presbyterian University Hospital in Pittsburgh. After completing his oncology fellowship from the University of Texas M. D. Anderson Hospital and Tumor Institute, Dr. Middleman has served in chief and medical director positions at many of these institutions.

- **Maria I. Juarez, M.D.**

Dr. Juarez is a graduate of the University of Navarra Medical School in Pamplona, Spain. She completed her internal medicine residency at the VA medical center in San Juan, Puerto Rico and her hematology/ oncology fellowship at the University of Texas Health Sciences Center in San Antonio. Dr. Juarez joined Dallas Oncology in 1998 and is board certified in internal medicine, hematology and oncology.

- **Maryada Reddy, M.D.**

Dr. Reddy is a graduate of the Kurnool Medical College in Kurnool, India. He completed his internal medicine residency at the William Beaumont Hospital in Royal Oak, Michigan, and served as an attending in the Department of Medicine before completing his oncology fellowship. Dr. Reddy joined Dallas Oncology in 2002 and is board-certified in internal medicine and oncology.

- **C.K. Wang, M.D.**

Dr. Wang is a graduate of Washington University in St. Louis and the University of Texas Health Science Center in San Antonio. He completed his internal medicine training at Case Western Reserve University/ University Hospitals of Cleveland and his hematology/ oncology fellowship at the UT Southwestern Medical Center in Dallas. Dr. Wang joined Dallas Oncology in 2006 and is board certified in internal medicine, hematology and oncology.

- **Neelima Maddukuri, M.D.**

Dr. Maddukuri is a graduate of the Gandhi Medical College in Hyderabad, India. She completed her internal medicine residency at the Mount Sinai School of Medicine in Jersey City, New Jersey and her hematology/ oncology fellowship at Seton Hall University in New Jersey. Dr. Maddukuri joined Dallas Oncology in 2008 and is board certified in internal medicine, hematology and oncology.

- **Gilberto Jimenez-Justiniano, M.D.**

Dr. Jimenez-Justiniano is a graduate of the Ponce School of Medicine in Ponce, Puerto Rico. He completed his internal medicine residency and hematology/ oncology fellowship at the University of Puerto Rico in San Juan, Puerto Rico. Dr. Jimenez-Justiniano joined Dallas Oncology in 2008 and is board certified in internal medicine and oncology. Prior to his transition to private practice, Dr. Jimenez-Justiniano served as an assistant professor of medicine at the University of Puerto Rico School of Medicine.

- **Charles Lee, MD...**

Dr Lee received a Bachelor of Science in Electrical Engineering from M.I.T. and earned his Medical Doctorate from Tulane University in New Orleans. Dr Lee completed his internship at the Ochsner Clinic in New Orleans. He completed his residency in Radiation Oncology at Wayne State University in Detroit where he served as Chief Resident. Prior to joining us, Dr Lee was at the Arlington Cancer Center for 8 years and served as Medical Director of Radiation Oncology. Dr Lee is board certified in radiation oncology by the American Board of Radiology.

Preparing for your visit

You will maximize the value of your consultation by advance preparation. In advance of your scheduled visit, our staff may contact you with requests for key information, including records from prior tests and physician visits, imaging, or even slides of biopsy material. Please assist them in obtaining this crucial information. In addition, we urge you to complete the attached Basic information forms prior to your appointment to assist in seeing you as quickly as possible. ***Please bring all medications that you currently are taking including prescriptions and over the counter along with any vitamins or supplements.***

We advise that you and your family make notes about your specific questions and goals for the visit. ***We have provided an additional sheet for you to use in preparation for your visit so that you are able to use your time with the physician to its maximum potential along with a checklist to make sure that you are fully prepared.***

Patient Caregivers

Without question, juggling the demands of cancer treatment without help from family or friends can be challenging. In addition to much-needed emotional support, caregivers provide transportation to and from treatment sessions and help with housework, grocery shopping and other personal affairs.

The Cancer Institute strongly believes our patients should never have to fight cancer alone – so we do all we can to support our patient caregivers. In addition to moral support, we offer caregivers access to our formal support groups. We also open our on-site exercise classes to caregivers, affording them a meaningful opportunity to release stress while waiting for patients undergoing therapy.

Patients & Families

As a patient of The Cancer Institute, or as supporting friends and families, we wish to welcome you as a full partner in healing. We wish to assist you in navigating the wide range of services offered to you at The Cancer Institute, and to assist you in maximizing the efficiency of your encounters with our professionals.

The Cancer Institute of Dallas also invites patients and caregivers to participate in the FitSTEPS for Life® program. This a free program that incorporates simple, easily mastered exercises such as treadmill walking, elliptical cross training, lower and upper body strengthening and stretching and core muscle training. Through mastering exercises cancer survivors are encouraged and empowered to become physically active at diagnosis, during and after treatment and to remain active throughout life. The center is staffed by trained individuals who evaluate each person entering the program, encourage, assist and cheer on progress, teach, supervise and monitor each person through blood pressure, oxygen saturation, pulse and heart rate monitoring.

Our Online Partner - NavigatingCancer.com - www.navigatingcancer.com

Dallas Oncology Consultants (DOCS) and The Cancer Institute of Dallas is participating in a pilot program with Navigating Cancer. This is a web-based program to provide patients, families, caregivers and others with a better understanding of cancer, treatment, and side effects. It also gives each patient and their support network access to an online social network that focuses on hematology and oncology patient experiences.

We invite you to participate in this program by joining The Cancer Institute of Dallas-Navigating Cancer Group. Through this program, you can record common side effects you may experience, keep a log of your medications, prepare for your future appointments and share information with other individuals who have cancer.

Please see the attached Navigating Cancer forms for information on how to use this free resource.

Other Online Information

There are countless other internet-based resources for cancer patients and their families. Our professionals have compiled a list of reliable, accurate, and authoritative websites which have proven useful for many of our patients and families. We believe that informed patients always do better, both physically and emotionally, and we encourage you to explore and gather information to assist you with decision making.

We caution you that there are many other internet sites with unreliable and unproven information, so we urge you to discuss with your physician, navigator, or nurse, any internet-based recommendations, or treatment programs.

National Cancer Institute - www.cancer.gov

American Cancer Society - www.cancer.org

Our Locations:

The Cancer Institute of Dallas

310 East Highway 67

Duncanville, TX 75137

Phone number: (972)283-2389

Fax number: (972)283-2473

The Cancer Institute of Dallas at Oak Cliff

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Dallas, TX 75208-4233

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Fax number: (214)948-3237

Methodist Mansfield Medical Center

2800 East Broad St., Suite 212

Mansfield, TX 76063

Phone number: (682)518-8444

Fax number: (682)518-8846

Wise Regional Medical Center

2010 S. Ben Merritt Dr., Suite A

Decatur, TX 76234

Phone number: (940)626-2300

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